

Before Engine Start

- Entry & exit, how to open & close canopy
- How to adjust seat
- How to secure harness & release
- Danger areas outside aircraft – propeller & engine, always exit to the rear of aircraft
- Locations of equipment:
 - First aid kit
 - Fire extinguisher
 - Axe & towbar
 - Emergency Location Transponder (ELT)
 - Air vents
 - Airsick bags, stowage areas
- Keep clear of controls, do not move controls, including:
 - Stick
 - Rudder pedals/brakes
 - Centre controls for fuel, etc
- Radio use – intercom & push to talk switch
- Headset – check comfortable, microphone close to mouth, speak loud and clear, check working OK
- Help keep a lookout for other traffic, use clock method and high/low. Tell pilot even if you think pilot has noticed traffic.
- Emergency procedures:
 - Secure harness
 - Remove sharp object from pockets, spectacles
 - Bracing for hard landing
 - Exiting the aircraft
- Notify the pilot of any problems such as dizziness, nausea, anxiety, desire to go to the toilet, etc.

Before Take-off

- Harness Secure
- Windows/Hatches closed
- Loose objects stowed away

Before Landing

- Harness secure
- Loose objects stowed away